The Color Monster Companion
Hi there! My name is Laura. I am a school psychologist and educational consultant in New York City. During my career, I have also been a Special Education Director and a Director at a camp for children with Autism. Before I knew what to call it, social and emotional learning was my passion. It seems like without that, not much else works very well, amirite? I am truly grateful for the opportunity to share that passion and knowledge with countless professionals and students. What a gift.

My store is dedicated to in-depth, evidence based resources that school counselors, psychologists and teachers can use flexibly to engage some of our neediest students.

Did we just become best friends?

Please, and I mean please, contact me with questions or suggestions. I love hearing what you loved or less than loved about a resource, what you are struggling with in your practice, or if you want to grab coffee on a trip to New York. Suggestions are handled quickly, and you will be able to redownload any future revisions.

Catch a typo or mistake? Definitely email me and be kindly rewarded with a freebie from my store. I want a perfect resource as much as you do.

Do you have pictures of my resources in action? Post them and tag me on social media. I love seeing how you are using them.

Need more? Join my Facebook groups: Individual Counseling Toolbox and Behavior Intervention Toolbox.

-laura
The Color Monster Companion
Read Aloud and Activity for Social Emotional Learning

About
Interactive read alouds are a perfect way to address social emotional learning in the classroom. The Color Monster by Anna Llenas is a wonderful book that shows children that we all have lots of different feelings and all those feelings are okay. The book introduces basic emotions (anger, sad, happy, fear, and calm) and opens up an opportunity for students to consider how they experience all their emotions.

This resource is great for classroom teachers, school counselors, or other school staff looking to target social emotional skills during academic blocks. To get the most out of a read aloud, push students to think about and make personal connections to the book. Focus on the questions that meet your objectives and are tailored to your students.

Engagement Strategies
• **Story Introduction**: Tell the students what the book is about, even tell them the ending.
• **Think Aloud**: Model for students what you are thinking while reading.
• **Stop and Jot**: Have students stop and write down their thoughts about events in the book.
• **Summarize**: Use a summary sheet where students quickly tell what happened in the book.
• **Integrate Vocabulary Definitions**: As you read, provide a synonym or definition for unfamiliar vocabulary.
• **Make Connections**: Help students make connections between the text and themselves and the world they know.
• **Ask Why Question at the End**: Ask a question that requires students to make an inference that connects several story events together.

What's Included
• Interactive Read Aloud Guide
• Sticky Note Comprehension Questions (with directions for printing)
• Feelings Jar Activity - Students make connections to their own feelings.
• Feelings Sort - Students identify feelings based on how the monster is acting or what happened.
• My Color Monster Paper - use this to continue conversations about identifying and sorting feelings.
Read Aloud and Activity: The Color Monster

Introduce the Lesson
Time: 3 Minutes. Materials: The Color Monster by Anna Llenas

“There are lots of different feelings. We can feel happy or sad or angry or scared. All those feelings are okay and happen to everyone. Can you name some feelings? What about a time your felt __________?”

Group Activity (Interactive Read Aloud):
Time: 10 minutes. Materials: The Color Monster by Anna Llenas, Questions (Sticky Notes or 1-Pager), Vocabulary Words.

• Introduce the Story: “In this story we are going to meet a monster who is feeling confused. His feelings are all jumble up. There is a girl in the story who is going to help the monster sort all his feelings and make sense of how he feels.”

• Refer to Read Aloud Guide for comprehension questions. Choose three to five questions based on the standards and your academic objectives. You do not need to include every question. You can also read the book more than once, asking different questions each time.

Independent Activity (Feelings Jar):
Time: 5-7 minutes Materials: Feelings Jar

1. Have the student(s) pick a feeling from the book or another one they know about. They write down the feeling, when they feel this way, and what they do when they feel this way.

2. If students aren’t writing yet, you can use the second page and have the students draw themselves when they feel a certain emotion.

Supplemental Activities
Materials: Feelings Sort & Color Monster Page

• Feelings Sort - Have the students read the monster cards and decide which feeling the monster has.

• BONUS Color Monster Page

Social Emotional Learning Standards
1. Recognizes and accurately names feelings.
2. Identifies and communicates a feeling.
3. Identifies feelings related to situations/events.

Read Aloud Preparation
1. Number pages for easy reference.
2. Read text several times before.
3. Apply sticky notes to book or use 1-page comprehension questions.
4. Consider your specific students’ needs and skills in relation to the standards and questions provided. Change the type of question or script.
5. Print house sheet if you want to create an anchor chart.

Activities
There is one main activity, Feeling Jars, included as well as an additional sorting activity you can use to follow-up or extend the lesson.

Depending on your student(s), you may not use some of the materials, and you may have to modify others.
Interactive Read Aloud

Printable Sticky Notes

Introduce the Lesson

Time: 3 Minutes. Materials: The Color Monster by Anna Llenas

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Printing on Sticky Notes

1. Print Sticky Note Template Page (page of blank squares).
2. Place sticky notes on the squares with adhesive end down and facing the top of the page. VERY IMPORTANT!
3. Feed manually into your printer according to its settings. Some printers flip the page, others print directly. Try a test page before you add stickies to make sure.
4. Enjoy the amazingness of printable sticky notes.

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**Interactive Read Aloud: The Color Monster**

**Comprehension Questions**

Pg 1-2 - Color Monster Confused
**Think Aloud**
Hmm I wonder why the color monster is all confused. He is so many different colors. I wonder if color monsters are usually so many different colors.

Page 3-4: Vocab (Jumbled)
What does she mean when she says that his emotions are all jumbled up?

Pg 5-6: Sorting Emotions
**Predict**
She is going to help him sort all his emotions. What emotions do you think the color monster has?

Pg 9-10: Happy
**Turn & Talk**
Happy is a feeling we all know. Turn to your partner and tell them a time you felt happy.

Page 11-12: Happy
**Stop & Jot**
Write or draw what you do when you are happy.

Page 13-16: Sad
**Think Aloud/Text to Self**
I remember a time I felt sad and it was like a rainy day. (Insert personal connection).

Page 17-18: Anger
**Think Aloud**
Sometimes when I’m angry everything can feel unfair. It’s hard to make anger go away.

Page 19-20: Anger
**Think Pair Share**
Take a minute to think of something that makes your anger go away. Turn and tell your partner.

Page 21-22: Vocab (Fear)
Another word for fear is scared or afraid. Everyone feels scared sometimes. What are some things that might make someone scared?

Page 25-26: Calm
**Text to Self**
Close your eyes, take a deep breath in and out. Feel yourself get calm like leaves swaying in the wind.

Page 28-29: Feelings Sorted
**Think Aloud**
I’m sure The Color Monster feels better knowing that he knows about all his different feelings.

Page 30-31: Love
**Predict**
What feeling do you think The Color Monster is feeling now?

**Vocabulary**
- **Happiness**: cheerful, glad
- **Anger**: mad, furious, enraged
- **Calm**: peaceful, chill
- **Sadness**: down, depressed,
- **Fear**: scared, terrified, fearful, afraid
- **Jumbled**: mixed up
- **Courage**: bravery, being daring.
- **Swaying**: movings slowly back and forth

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The Color Monster

Pg 1-2: Think Aloud
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The Color Monster

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The Color Monster

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She is going to help him sort all his emotions. What emotions do you think the color monster has?

The Color Monster

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Page 11-12 (Happy): Stop & Jot
Write or draw what you do when you are happy.

The Color Monster

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I remember a time I felt sad and it was like a rainy day. (Insert personal connection).
**The Color Monster**

**Page 17-18 (Anger): Think Aloud**

Sometimes when I’m angry everything can feel unfair. It’s hard to make anger go away.

**Page 25-26 (Calm): Text to Self**

Close your eyes, take a deep breath in and out. Feel yourself get calm like leaves swaying in the wind.

**Page 19-20 (Anger): Think Pair Share**

Take a minute to think of something that makes your anger go away. Turn and tell your partner.

**Page 28-29 (Feelings Sorted): Think Aloud**

I’m sure The Color Monster feels better knowing that he knows about all his different feelings.

**Page 21-22 (Fear): Vocab**

Another word for fear is scared or afraid. Everyone feels scared sometimes. What are some things that might make someone scared?

**Page 30-31 (Love): Predict**

What feeling do you think The Color Monster is feeling now?
Feelings Jars Activity

For this activity, you have a couple options:

1. Have the student (s) pick a feeling from the book or another one they know about. They write down the feeling, when they feel this way, and what they do when they feel this way.
2. If students aren’t writing yet, you can use the second page and have the students draw themselves when they feel a certain emotion.
FEELINGS JAR

Answer the questions and color the jar. Use the color you think matches the feeling.

What feeling is in the jar?

When do you feel this way?

What do you do when you feel this way?

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FEELINGS JAR

Answer the questions and color the jar. Use the color you think matches the feeling.
Feelings Sort

For this activity, have the students read a card and decide which emotion the monster is feeling. Each of the cards describes either something someone does when they feel a certain way or something that might make them feel that way.

A sorting page is provided to put the cards on.
Help the Monster

The monster is smiling and laughing.

Today is the monster’s birthday!

The monster is line leader for the week.

The monster is crying. The monster lost his favorite toy.

The monster is sick and can’t go on the field trip.

The monster is kicking things and yelling.

Someone called the monster names at recess.

The monster dropped her science project and it is ruined.

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<table>
<thead>
<tr>
<th>Help the Monster</th>
<th>Help the Monster</th>
<th>Help the Monster</th>
</tr>
</thead>
<tbody>
<tr>
<td>The monster is hiding under her blankets.</td>
<td>It’s dark and the monster heard a loud sound.</td>
<td>The monster saw a snake.</td>
</tr>
<tr>
<td>The monster is laying on the beach.</td>
<td>The monster is doing yoga.</td>
<td></td>
</tr>
<tr>
<td>The monster is taking deep breaths.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Feelings Sort

Anger

Fear

Sadness

Happiness

Calm
The Color Monster
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